

Since you are not a woman and never can truly understand what being one is like, just recognize that women need women in this process of birth. As we have it in us to want to protect others, they have it in them to nurture others. Your form of support is different. You become more of a rod of steel. You keep the peace and stop others from interfering.

Insure that your partner is taken care of by people who will be nurturing especially if you are unable to muster much of that emotional support.

