

In our experience environment is everything in birth. We all have seen women delivering their babies in taxis due to the fascination Hollywood has for awkward and unusual birth scenes. They want to throw in the extraordinary to bring out the drama. There are many comic birth scenes in the movies, and they are all worth laughing over. But picking out the right environment for birth is a something you and your partner should be serious about.

Remember the environment you chose can decide the fate of the mission. In our experience, if you have little control over the environment, your ability to create psychological tranquility is lost. It is a lot like choosing the set for a movie. Pick a set that engenders confidence and peace and serenity, if that is the landing you want.