

Choosing to have the baby at a birth center or another more private location just strengthens your ability to stop these interventions from starting. However, you also need to have a backup plan in place in case things really do have emergency written over them. If you have a midwife, you will probably have very few interventions, but you should be sure that your midwife has a transfer protocol and a proactive backup physician who can insure that a transfer to a hospital is possible with limited conflicts.